

Health Partners and AUSactive

What you need to know to assist your clients.

Who can deliver personal training sessions?

Health Partners will only pay benefits for individual or group personal training sessions provided by approved Personal Trainers who are members of AUSactive and have a Certificate IV qualification in Fitness or above.

Who can deliver Pilates, yoga and Tai Chi sessions?

Health Partners will only pay benefits for individual or group sessions provided by approved Pilates, Yoga and Tai Chi Professionals who are members of AUSactive.

Claiming – What Your Clients Need to Know

To claim benefits for personal training, Pilates, yoga, Tai Chi, fitness classes or memberships, eligible Health Partners members must have medically necessary gym and fitness programs included in their extras policy, serve any waiting periods and have an eligible medical condition that the services are being used to manage or treat.

To claim your clients must submit the following:

- Gym and Fitness Therapy Approval Form
- Supporting invoices

Claiming – What You Need to Know

To assist your eligible Health Partners clients with claiming, ensure your eligibility and update your invoice to include:

Professionals

For AUSactive Professional members you will need to update your invoice to display:

- Client name
- Australian address of the AUSactive Professional
- AUSactive membership number
- Details of service provided (e.g. 30 minute personal training session, 45 minute Pilates session)

Business Members

For memberships or classes you will need to update your invoice to display:

- Client name
- Business name, ABN and Australian address of the facility
- Your AUSactive business membership number
- Details of service used (e.g. Gym membership, Pilates studio membership, yoga classes)

Need more information?

If you have a client who is a Health Partners member, more information can be found [HERE](#)

